



VIRTUAL MENTAL HEALTH AWARENESS TRAINING

With the stress and uncertainty in the world right now learn how you can identify the emotional needs and assist those in your community, family, or organization. “QPR” (Question, Persuade, Refer) Suicide Prevention training and “Pandemic Fatigue and Strategies for Resiliency” will be offered virtually at no cost. These trainings will be Closed Captioned.

Please register in advance through link below each date.

Pandemic Fatigue and Strategies for Resiliency (2 Hours)

March 8th @ 10:00 AM

<https://us02web.zoom.us/meeting/register/tZYIfu-pqTMjHNd9EUVM3PLfCAMKq3Rzsk3d>

Question, Persuade, Refer (2 Hours)

March 10th @ 4:00 PM

<https://us02web.zoom.us/meeting/register/tZApf-2vrD4oG9SmVr34vpsldHOXQrk38VFP>

Pandemic Fatigue and Strategies for Resiliency (2 Hours)

March 16th @ 1:00 PM

<https://us02web.zoom.us/meeting/register/tZYkf--qqz0uE9HFwKa7jbLIOJWurn4pWdnP>

Question, Persuade, Refer (2 Hours)

March 22nd @ 10:00 AM

https://us02web.zoom.us/meeting/register/tZUIcu2hrDksHt2_By2b05FUMnfLn9BDEmMn

Question, Persuade, Refer (2 Hours)

March 24th @ 4:00 PM

<https://us02web.zoom.us/meeting/register/tZEpfu2spz0oGt1kPMwsTfJZzZg4GppFAwck>

Pandemic Fatigue and Strategies for Resiliency (2 Hours)

March 30th @ 1:00 PM

<https://us02web.zoom.us/meeting/register/tZEvdOCqgTMiGNe8Ujs9BS23BDXR1sZq4Dpp>

MARCH 2021

Pandemic Fatigue and Strategies for Resiliency

Question, Persuade, Refer (QPR)



**For more information
contact**

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